

LASER SERVICES

PRE-SERVICE INSTRUCTIONS

COOL PEEL

- 4 to 6 Months Prior: Suspend Accutane treatment
- 4 Weeks Prior: Avoid sun exposure
- 2 to 4 Weeks Prior: Use a pigment inhibiting or skin lightening cream as directed by your provider
- 1 Week Prior: Suspend use of all retinol or AHA/BHA products
- 1 Week Prior: Avoid use of aspirin or blood thinning medications
- Day of Service: Use necessary prophylaxis for those with a history of viral infection or cold sores
- Day of Service: Confirm with your provider that you do not have any additional exclusionary criteria that may not have been covered, or has changed since, your consultation

