



LASER SERVICES

POST-SERVICE INSTRUCTIONS

I P L

E N V I R O N M E N T

Hot water and steam should be avoided when showering for 48 hours. Sun exposure should be avoided for 4 to 6 weeks following treatment to decrease the chance of spotty pigmentation. Apply sun block SPF 30+ UVA and UVB throughout the treatment period, and regular daily use moving forward. Sunscreen with titanium oxide, zinc oxide provides broader protection.

B E H A V I O R S

Cleansing: Application of cool compresses immediately after treatment is encouraged for 30 minutes, after which the cool compress should be applied 1 to 15 minutes of every hour for the first 3 hours. Gently cleanse the treatment area(s) using a mild cleanser, adhering to your regular routine. Treatment area(s) must be patted dry in the first 48 hours post-service. Rubbing should be avoided. Picking or scratching treatment area(s) is to be strictly avoided. Suspend all exfoliating products for 1 week post-service. Treatment will result in brown spots/sun damage darkening, crusting, and flaking. These areas should flake on their own in 7 to 10 days on the face, and up to 4 to 6 weeks on areas of the body. Failure to adhere may result in hyperpigmentation.

Product Use: Use of make-up is permitted after redness subsides.

Sleep: Elevation is recommended to reduce swelling caused by inflammation.

CHARLESTON AESTHETICS



QUESTIONS?

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