



LASER SERVICES

POST-SERVICE INSTRUCTIONS

COOL PEEL

ENVIRONMENT

A warm or sunburn-like sensation may occur in the hours post-service. It is expected that treatment areas will feel rough to the touch for 3 to 7 days following treatment. Sun exposure, intense workouts (or any activity that may increase blood pressure), and sweating should be avoided for no less than 5 days.

BEHAVIORS

Cleansing: Avoid touching or cleansing the treatment areas for 24 hours post-service.

Product Use: Use of an ointment is encouraged throughout the healing process so as not to allow treatment areas to dry out. Confirm with your provider that your preferred ointment is acceptable prior to use. Use of a cool misting spray is permitted, as needed for comfort. Use of mineral make-ups is permitted 24 to 48 hours post-service.

Sleep: Elevation is recommended.

