



LASER SERVICES

POST-SERVICE INSTRUCTIONS

TETRA CO2

ENVIRONMENT

Avoid dirty, dusty environments, hairsprays, perfumes on treated areas, etc. while skin is healing. In general, avoid hot environments. Hot water and steam should be avoided when showering. Avoid direct sun exposure. Apply sun block SPF 30+ UVA and UVB, after the 5th day or until complete re-epithelization. Sunscreen with titanium oxide, zinc oxide provides broader protection. Wear a protective hat the first 2 weeks while outdoors.

BEHAVIORS

Cleansing: Application of cool compresses, or dilute water vinegar soaks, immediately after treatment is permitted if feeling a temporary "hot" sensation. Gently wash area with tepid water, or dilute vinegar water, and a gentle cleanser 3 times a day starting the morning after the treatment. Then immediately re-apply occlusive ointment for at least 4 days. If scabbing occurs, allow scabs to be gently exfoliated during the cleansing process - do not pick or scrub.

Product Use: Use of a bland occlusive ointment to prevent direct contact between the treated tissue and the air during the healing process is encouraged. Use of mineral make-ups is permitted once skin is healed, usually 5-6 days post-service. Additional days for healing, sometimes 10 or more, may be required depending on treatments and individual patient response. After re-epithelization is completed, a moisturizer may be used.

Sleep: Elevation is recommended in the first few nights post treatment to help minimize swelling.

CHARLESTON AESTHETICS



QUESTIONS?

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