



FACIAL SERVICES

POST-SERVICE INSTRUCTIONS

P D O T H R E A D S

E N V I R O N M E N T

In general, avoid direct heat. Avoid entirely the use of laser treatments like IPL, radiofrequency, or laser hair removal for no less than 1 month post-service. Avoid strenuous exercise for 1 week.

B E H A V I O R S

Cleansing: Application of warm compresses and massaging in the direction of the sutures will work to resolve any "banding" that may appear. This is typical. Cold compresses may be applied to any substantial bruising (hematoma). Gently wash hair and face with upward and outward motions, lifting the skin in the direction of the sutures. Avoid hot baths for 1 week; showers are permitted. Do not pick or manipulate the suture.

Product Use: Use of topical arnica or Vitamin K products are permitted in the first 5 to 7 days post-service, if needed, for bruising or swelling. Mild to moderate soft tissue swelling should be expected.

Sleep: Elevation is recommended in the first 3 nights post treatment to help minimize swelling. Avoid direct pressure to the treatment area(s) for 1 week post-service, e.g. face-down sleeping postures.

Observation: Soreness is expected. Dull pain may occur in the first 1 to 2 weeks post-service, which may or may not be associated with chewing or speaking. Asymmetry or puckering of the skin may occur and typically resolves with time.

N O T I C E S

If you experience threads emerging through the skin, increased redness, fever, or drainage for the thread site, contact your Certified Nurse Injector immediately at 843.991.6020.

CHARLESTON AESTHETICS



QUESTIONS?

843-762-9014